



American Korean Taekwondo Team Center

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Office: 908-382-0565

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Little Tigers Age 3 -6 yrs 4:20 - 4:55	School Closed	Little Tigers Age 3 -6 yrs 4:20 - 4:55	Children / Junior Age 7 - 10 yrs <u>White - Yellow</u> 4:20 - 4:55	Little Tigers Age 3 -6 yrs 4:20 - 4:55	Little Tigers Age 3 -6 yrs 9:00 - 9:25		
Children / Junior <u>Y/H - Black</u> 5:00 - 5:40		Poomsae Only <u>Y/H - Black</u> 5:00 - 5:40	Children / Teen <u>Purple - Black</u> 5:00 - 5:40	Children / Junior Age 5 - 10 yrs <u>All Belt</u> 5:00 - 5:40	Family Class 9:30 - 10:10	Little Tigers Age 3 -6 yrs 9:30 - 10:00	
Children / Junior Age 7 - 10 yrs <u>White - Yellow</u> 5:45 - 6:25		Children / Junior Age 7 - 10 yrs <u>White - Yellow</u> 5:45 - 6:25	Children / Junior <u>Y/H - Blue</u> 5:45 - 6:25	5:00 - 5:40 Sparring	Children / Junior Age 7-10yrs <u>White-Yellow</u> 10:15 - 10:55	Children / Junior Age 7-10yrs <u>White-Yellow</u> 10:15 - 10:55	
Children / Teen All ages <u>All Belt</u> 6:30 - 7:10 Sparring		Children / Junior <u>Y/H - Blue</u> 6:30 - 7:10	Family Class 6:30 - 7:10	Adult / Teen <u>All Belts</u> Sparring 5:45 - 6:25	Poomsae Only <u>Y/H -Black</u> 11:00 - 11:40	Adult / Teen <u>All Belts</u> 11:00 - 11:40	
		Children / Teen <u>Purple - Black</u> 7:15 - 7:55	USAT Sparring Team 7:15 - 8:00	USAT Sparring Team 6:35 - 7:35	USAT Sparring Team 12:00 - 1:30	Children / Junior <u>Y/H-Black</u> 11:45 - 12:25	